B·G·I·M·P
BG Internal Medicine
& Pediatric Associates

Physical Exam & Office Visit Policy

Dear Patient,

Our goal is to provide you with the best medical care possible. Annual physical exams give us a chance to address your overall physical and emotional health. The **preventative** care we provide during a physical also includes an *assessment of dietary and exercise habits, review of vaccinations, discussion of screening tests, lifestyle behaviors, etc.* We often look in on chronic stable problems such as high blood pressure, arthritis, and/or other ongoing medical conditions, though we don't always charge for that, depending on the degree of difficulty of amount of time spent.

Regular office visits differ from the **preventative** and wellness care provided at a physical because they address *other new ongoing or poorly controlled medical problems.* These types of problems need to be addressed in an appointment separate from a **preventative** or physical exam. If, however, we adequately cover required preventative and wellness care during the physical, sometimes we will have time to address other issues. You OR your doctors may identify an issue that may need to be addressed during a physical, **separate from preventative care.**

We would like to attempt to correct a misperception that is occurring at time regarding "double charges". Our goal is to address as much as we can in a quality manner during visits. Please note that the insurance companies do allow providers to address additional complaints beyond a physical examination, if there is time. If additional problems are found or addressed, an additional office evaluation code will be generated in addition to a preventative physical examination code. We are required to submit billing in this fashion, if we address care beyond preventative care at the physical examination. *This essentially generates an extra charge to the insurance company for issues addressed beyond preventative care, which in turn may require you to pay an additional copay, coinsurance or deductible charge.*

The coding rules set by the health care industry, specifically state, "*If an abnormality is encountered or a pre-existing problem is addressed in the process of performing this preventative medicine evaluation service, then the appropriate visit code should also be reported."* We can actually fail an audit if we violate these rules.

You have entrusted us with your medical care. Please also trust that we practice the highest integrity with our billing practices. Our goal is to provide excellent care and take appropriate time doing it. Please speak with your provider if you have any questions regarding the charges from your preventative care/physical today.

Sincerely,

Your physicians at Bowling Green Internal Medicine & Pediatric Associates

I have read the Physical Exam and Office Visit Policy and understand that I may be billed an additional charge from my insurance company. This charge may be a copay, coinsurance or deductible amount and I will be responsible for payment of this additional charge.

_____ _____

Patient Name ***Date of Birth***

_____ _____

Patient or Guardian Signature ***Today's Date***

CLEAR FORM

PATIENT NAME: _____ DATE: _____

Please print.

American Academy of Pediatrics

BRIGHT FUTURES PREVISIT QUESTIONNAIRE

5 YEAR VISIT

To provide you and your child with the best possible health care, we would like to know how things are going. Please answer all the questions. Thank you.

WHAT WOULD YOU LIKE TO TALK ABOUT TODAY?

Do you have any concerns, questions, or problems that you would like to discuss today? ○ **No** ○ **Yes,** describe:

TELL US ABOUT YOUR CHILD AND FAMILY.

What excites or delights you most about your child?

Does your child have special health care needs? ○ **No** ○ **Yes,** describe:

Have there been major changes lately in your child's or family's life? ○ **No** ○ **Yes,** describe:

Have any of your child's relatives developed new medical problems since your last visit? ○ **No** ○ **Yes** ○ **Unsure** If yes or unsure, please describe:

Does your child live with anyone who smokes or spend time in places where people smoke or use e-cigarettes? ○ **No** ○ **Yes** ○ **Unsure**

YOUR GROWING AND DEVELOPING CHILD

Do you have specific concerns about your child's development, learning, or behavior? ○ **No** ○ **Yes,** describe:

Check off each of the tasks that your child is able to do.

- ☐ Is beginning to skip.
- ☐ Walk on tiptoes when asked.
- ☐ Catch a bounced ball with 2 hands.
- ☐ Copy a triangle.
- ☐ Draw a 6-part person.
- ☐ Copy first name.
- ☐ Cut well with scissors.
- ☐ Spread with a knife.
- ☐ Dress and undress without help.
- ☐ Urinate and have a bowel movement on her own.
- ☐ Is dry through the day.
- ☐ Tell a story of 2 sentences or more.
- ☐ Follow directions for 4 individual prepositions, such as *on, under, behind,* and *in front of.*
- ☐ Play and interact with peers.
- ☐ Answer "why" questions.
- ☐ Count 5 objects.
- ☐ Name 3 or more single numbers.
- ☐ Name 4 or more letters out of alphabetic order.
- ☐ Write 2 or more letters.

PATIENT NAME: _____ DATE: _____

Please print.

5 YEAR VISIT

RISK ASSESSMENT

Anemia	Does your child's diet include iron-rich foods, such as meat, iron-fortified cereals, or beans?	O Yes	O No	O Unsure
	Do you ever struggle to put food on the table?	O No	O Yes	O Unsure
Lead	Does your child live in or visit a home or child care facility with an identified lead hazard or a home built before 1960 that is in poor repair or was renovated in the past 6 months?	O No	O Yes	O Unsure
Oral health	Does your child have a dentist?	O Yes	O No	O Unsure
	Does your child's primary water source contain fluoride?	O Yes	O No	O Unsure
Tuberculosis	Was your child or any household member born in, or has he or she traveled to, a country where tuberculosis is common (this includes countries in Africa, Asia, Latin America, and Eastern Europe)?	O No	O Yes	O Unsure
	Has your child had close contact with a person who has tuberculosis disease or who has had a positive tuberculosis test result?	O No	O Yes	O Unsure
	Is your child infected with HIV?	O No	O Yes	O Unsure

ANTICIPATORY GUIDANCE

How are things going for you, your child, and your family?

YOUR FAMILY'S HEALTH AND WELL-BEING

Neighborhood and Family Violence (Bullying and Fighting)		
Are there frequent reports of violence in your community or school?	O No	O Yes
Has your child ever been bullied or hurt physically by someone?	O No	O Yes
Has your child ever bullied or been aggressive with others?	O No	O Yes
Food Security		
Within the past 12 months, were you ever worried whether your food would run out before you got money to buy more?	O No	O Yes
Within the past 12 months, did the food you bought not last, and you did not have money to get more?	O No	O Yes
Alcohol and Drugs		
Is there anyone in your child's life whose alcohol or drug use concerns you?	O No	O Yes
Emotional Security and Self-Esteem		
Does your child usually seem happy?	O Yes	O No
Are there things your child is really good at doing or is proud of?	O Yes	O No
Connectedness With Family		
Does your family get along well with each other?	O Yes	O No
Does your family do things together?	O Yes	O No

FAMILY RULES AND ROUTINES

Does your child have chores or responsibilities at home?	O Yes	O No
Do you have clear rules and expectations for your child?	O Yes	O No
When your child breaks the rules, are you consistent with consequences and discipline?	O Yes	O No
Do you let your child know when she is being good?	O Yes	O No
Does your child have problems dealing with angry feelings?	O No	O Yes
Do you help your child control his anger?	O Yes	O No

SCHOOL

Did your child attend a preschool program?		O Yes	O No
Has your child started elementary school?		O Yes	O No
Do you have any concerns about your child's school experience?	O NA	O No	O Yes

PATIENT NAME: _____ DATE: _____

Please print.

5 YEAR VISIT

SCHOOL (*CONTINUED*)

Are you able to attend activities or functions at your child's school?	O NA	O Yes	O No
Is your child involved in after-school activities?	O NA	O Yes	O No
Does your child receive any special education services?		O No	O Yes

STAYING HEALTHY

Healthy Teeth		
Does your child brush his teeth twice a day?	O Yes	O No
Does your child see the dentist twice a year?	O Yes	O No
Nutrition		
Do you have any concerns about your child's eating? This includes drinking enough milk and eating vegetables and fruits.	O No	O Yes
Does your child drink soda, juice, or other sugar-sweetened drinks?	O No	O Yes
Does your child eat breakfast every day?	O Yes	O No
Physical Activity		
Is your child physically active at least 1 hour every day? This includes running, playing sports, or active play with friends.	O Yes	O No
How much time every day does your child spend watching TV or using computers, tablets, or smartphones (not counting schoolwork)?	_____ hours	
Does your child have a TV or an Internet-connected device in his bedroom?	O No	O Yes
Has your family made a family media use plan to help everyone balance time spent on media with other family and personal activities?	O Yes	O No
Does your child have trouble going to sleep or does he wake up during the night?	O No	O Yes
Does your child have a regular bedtime?	O Yes	O No

SAFETY

Car Safety		
Is your child fastened securely in a car safety seat or belt-positioning booster seat in the back seat every time he rides in a vehicle?	O Yes	O No
Does everyone else in the vehicle always use a lap and shoulder seat belt, booster seat, or car safety seat?	O Yes	O No
Outdoor Safety		
Does your child always wear a helmet to protect her head when biking, skating, or doing other outdoor activities?	O Yes	O No
Does your child know street safety habits, such as stopping at the curb, looking both ways, and never crossing the street without a grown-up?	O Yes	O No
Does your child know how to swim?	O Yes	O No
Does your child know to always have an adult watching her in the water and never to swim alone?	O Yes	O No
Does your child always use sunscreen when playing outside?	O Yes	O No
Home Fire Safety		
Do you have working smoke alarms installed on every level of your home?	O Yes	O No
Do you have carbon monoxide detectors/alarms in your home?	O Yes	O No
Do you have an emergency escape plan in case of fire?	O Yes	O No
Does your child know what to do if the fire alarm rings?	O Yes	O No

PATIENT NAME: _____ DATE: _____

Please print.

5 YEAR VISIT

SAFETY (*CONTINUED*)

Gun Safety		
Does anyone in your home or the homes where your child spends time have a gun?	O No	O Yes
If yes, is the gun unloaded and locked up?	O Yes	O No
If yes, is the ammunition stored and locked up separately from the gun?	O Yes	O No
Have you talked with your child about gun safety?	O Yes	O No
Harm From Adults		
Have you taught your child that it is never OK for an adult to tell a child to keep secrets from her parents?	O Yes	O No
Does your child know that it is never OK for an older child or an adult to ask to see his private parts?	O Yes	O No

Consistent with *Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents,* 4th Edition

For more information, go to https://brightfutures.aap.org.

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®