Physical Exam & Office Visit Policy

Dear Patient,

Our goal is to provide you with the best medical care possible. Annual physical exams give us a chance to address your overall physical and emotional health. The **preventative** care we provide during a physical also includes an *assessment of dietary and exercise habits, review of vaccinations, discussion of screening tests, lifestyle behaviors, etc.* We often look in on chronic stable problems such as high blood pressure, arthritis, and/or other ongoing medical conditions, though we don't always charge for that, depending on the degree of difficulty of amount of time spent.

Regular office visits differ from the **preventative** and wellness care provided at a physical because they address *other new ongoing or poorly controlled medical problems.* These types of problems need to be addressed in an appointment separate from a **preventative** or physical exam. If, however, we adequately cover required preventative and wellness care during the physical, sometimes we will have time to address other issues. You OR your doctors may identify an issue that may need to be addressed during a physical, **separate from preventative care.**

We would like to attempt to correct a misperception that is occurring at time regarding "double charges". Our goal is to address as much as we can in a quality manner during visits. Please note that the insurance companies do allow providers to address additional complaints beyond a physical examination, if there is time. If additional problems are found or addressed, an additional office evaluation code will be generated in addition to a preventative physical examination code. We are required to submit billing in this fashion, if we address care beyond preventative care at the physical examination. *This essentially generates an extra charge to the insurance company for issues addressed beyond preventative care, which in turn may require you to pay an additional copay, coinsurance or deductible charge.*

The coding rules set by the health care industry, specifically state, "*If an abnormality is encountered or a pre-existing problem is addressed in the process of performing this preventative medicine evaluation service, then the appropriate visit code should also be reported.*" We can actually fail an audit if we violate these rules.

You have entrusted us with your medical care. Please also trust that we practice the highest integrity with our billing practices. Our goal is to provide excellent care and take appropriate time doing it. Please speak with your provider if you have any questions regarding the charges from your preventative care/physical today.

Sincerely,

Your physicians at Bowling Green Internal Medicine & Pediatric Associates

I have read the Physical Exam and Office Visit Policy and understand that I may be billed an additional charge from my insurance company. This charge may be a copay, coinsurance or deductible amount and I will be responsible for payment of this additional charge.

Patient Name	***Date of Birth***
Patient or Guardian Signature	***Today's Date***

PATIENT NAME: ______________________________ **DATE:** __________

Please print.

American Academy of Pediatrics

BRIGHT FUTURES PREVISIT QUESTIONNAIRE
6 MONTH VISIT

To provide you and your baby with the best possible health care, we would like to know how things are going. Please answer all the questions. **Maternal Depression screening and Oral Health Risk Assessment are also part of this visit.** Thank you.

WHAT WOULD YOU LIKE TO TALK ABOUT TODAY?

Do you have any concerns, questions, or problems that you would like to discuss today? ○ **No** ○ **Yes,** describe:

TELL US ABOUT YOUR BABY AND FAMILY.

What excites or delights you most about your baby?

Does your baby have special health care needs? ○ **No** ○ **Yes,** describe:

Have there been major changes lately in your baby's or family's life? ○ **No** ○ **Yes,** describe:

Have any of your baby's relatives developed new medical problems since your last visit? ○ **No** ○ **Yes** ○ **Unsure** If yes or unsure, please describe:

Does your baby live with anyone who smokes or spend time in places where people smoke or use e-cigarettes? ○ **No** ○ **Yes** ○ **Unsure**

YOUR GROWING AND DEVELOPING BABY

Do you have specific concerns about your baby's development, learning, or behavior? ○ **No** ○ **Yes,** describe:

Check off each of the tasks that your baby is able to do.

- ☐ Pat or smile at his reflection.
- ☐ Look when you call her name.
- ☐ Babble.
- ☐ Roll over from his back to his tummy.
- ☐ Sit briefly without support.
- ☐ Make sounds such as "ga," "ma," and "ba."
- ☐ Pass a toy from one hand to another.
- ☐ Rake small objects with 4 fingers.
- ☐ Bang small objects on a surface.

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PATIENT NAME: ______________________________ **DATE:** ____________

Please print.

6 MONTH VISIT

RISK ASSESSMENT

Hearing	Do you have concerns about how your baby hears?	O No	O Yes	O Unsure
Lead	Does your baby live in or visit a home or child care facility with an identified lead hazard or a home built before 1960 that is in poor repair or that was renovated in the past 6 months?	O No	O Yes	O Unsure
Oral health	Does your baby's primary water source contain fluoride?	O Yes	O No	O Unsure
Tuberculosis	Was your baby or any household member born in, or has he or she traveled to, a country where tuberculosis is common (this includes countries in Africa, Asia, Latin America, and Eastern Europe)?	O No	O Yes	O Unsure
	Has your baby had close contact with a person who has tuberculosis disease or who has had a positive tuberculosis test result?	O No	O Yes	O Unsure
	Is your baby infected with HIV?	O No	O Yes	O Unsure
Vision	Do you have concerns about how your baby sees?	O No	O Yes	O Unsure
	Do your baby's eyes appear unusual or seem to cross?	O No	O Yes	O Unsure
	Do your baby's eyelids droop or does one eyelid tend to close?	O No	O Yes	O Unsure
	Have your baby's eyes ever been injured?	O No	O Yes	O Unsure

ANTICIPATORY GUIDANCE

How are things going for you, your baby, and your family?

YOUR FAMILY'S HEALTH AND WELL-BEING

Living Situation and Food Security		
Is permanent housing a worry for you?	O No	O Yes
Do you have the things you need to take care of the baby, such as a crib, a car safety seat, and diapers?	O Yes	O No
Does your home have enough heat, hot water, electricity, and working appliances?	O Yes	O No
Within the past 12 months, were you ever worried whether your food would run out before you got money to buy more?	O No	O Yes
Within the past 12 months, did the food you bought not last, and you did not have money to get more?	O No	O Yes
Alcohol and Drugs		
Does anyone in your household drink beer, wine, or liquor?	O No	O Yes
Do you or other family members use marijuana, cocaine, pain pills, narcotics, or other controlled substances?	O No	O Yes
Family Relationships and Support		
Do you have people you can go to when you need help with your family?	O Yes	O No
Do you have child care or a reliable person to care for your baby?	O Yes	O No

CARING FOR YOUR BABY

Your Baby's Development		
Is your baby learning new things?	O Yes	O No
Is your baby adapting to new situations, people, and places?	O Yes	O No
Does your baby have ways to tell you what he wants and needs?	O Yes	O No
Does your baby respond when you look at books together?	O Yes	O No
Is a TV, computer, tablet, or smartphone on in the background while your baby is in the room?	O No	O Yes
Does your baby watch TV or play on a tablet or smartphone? If yes, how much time each day?_____ hours	O No	O Yes
Does your baby have a regular daily schedule for feeding, napping, playing, and sleeping?	O Yes	O No
Is your baby learning to go to sleep by himself?	O Yes	O No
Can your baby calm herself?	O Yes	O No
Do you have ways to help your baby calm himself if he cannot do it himself?	O Yes	O No

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PATIENT NAME: ______________________________ DATE: __________
Please print.

6 MONTH VISIT

HEALTHY TEETH

Do you give your baby a bottle in her crib?	O No	O Yes

FEEDING YOUR BABY

General Information			
What are you feeding your baby? Check all that apply: _______ Breast milk _______ Formula _______ Both			
Are you feeding your baby any drinks or foods besides breast milk or formula? Check all that apply: ____ Water ____ Juice ____ Cereal ____ Meats ____ Fruits ____ Vegetables ____ Other foods			
Does your baby let you know when he likes or dislikes new foods that you have introduced?		O Yes	O No
Do you wash vegetables and fruits before serving them to your baby and family?		O Yes	O No
If you are breastfeeding, answer these questions.			
Are you planning on continuing?	O NA	O Yes	O No
Do you have questions about pumping and storing your breast milk?		O No	O Yes
Are you still giving your baby vitamin D drops and iron drops?		O Yes	O No
If you are formula feeding, or providing formula supplementation, answer these questions.			
Are you using iron-fortified formula?		O Yes	O No
Do you have any questions or concerns about the formula, such as how much it costs or how to prepare it?		O No	O Yes

SAFETY

General Information		
Is your baby fastened securely in a rear-facing car safety seat in the back seat every time she rides in a vehicle?	O Yes	O No
Are you having any problems with your car safety seat?	O No	O Yes
Is your water heater set so the temperature at the faucet is at or below 120°F/49°C?	O Yes	O No
Do you have barriers around space heaters, woodstoves, and kerosene heaters?	O Yes	O No
Do you put a hat on your baby and apply sunscreen on her when you go outside?	O Yes	O No
Do you keep household cleaners, chemicals, and medicines locked up and out of your baby's sight and reach?	O Yes	O No
Do you always stay within arm's reach of your baby when he is in the bath?	O Yes	O No
Do you always keep one hand on your baby when changing diapers or clothing on a changing table, couch, or bed?	O Yes	O No
Do you have a gate at the top and bottom of all stairs in your home?	O Yes	O No
Safe Sleep		
Do you continue to place your baby onto her back for sleep?	O Yes	O No
Does your baby sleep in a crib?	O Yes	O No

Consistent with *Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents,* 4th Edition

For more information, go to https://brightfutures.aap.org.

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®

The information contained in this questionnaire should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances. Original questionnaire included as part of the *Bright Futures Tool and Resource Kit,* 2nd Edition.

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